

| Date | Start | Event Name | Location |
|----------------|----------|---|------------------------------|
| Fri 09/02/2016 | All Day | NL Cross Country Bend Invite CV (Boys) @ Bend, OR | TBA |
| Sat 09/10/2016 | 9:00 am | NL Cross Country Highlander Invite CV (Boys) @ Shadle Park | Shadle Park |
| Sat 09/10/2016 | 9:00 am | NL Cross Country Tracey Walters Invite CV (Girls) @ Audubon Park | Audubon Park |
| Wed 09/14/2016 | 4:00 pm | GSL Cross Country Event #1 at Central Valley HS: CV & Shadle Park | Central Valley High School |
| Sat 09/17/2016 | 9:00 am | NL Cross Country Sundodger Invitational CV (Girls) @ Seattle | Lincoln Park (Seattle) |
| Wed 09/21/2016 | 4:00 pm | GSL Cross Country Event #2 at Audubon: NC, CV & Ferris | Audubon Park |
| Wed 09/28/2016 | 4:00 pm | GSL Cross Country Event #3 at Manito: LC, CV & G-Prep | Manito Park |
| Sat 10/01/2016 | 9:00 am | NL Cross Country Sunfair Invitational CV @ Yakima | Franklin Park (Yakima) |
| Sat 10/08/2016 | 9:00 am | NL Cross Country Richland Invite CV @ Richland | Carmichael Middle School |
| Wed 10/12/2016 | 3:30 pm | GSL Cross Country Event #4 at Central Valley HS: CV & U-High | Central Valley High School |
| Wed 10/19/2016 | 3:30 pm | GSL Cross Country Event #5 at Franklin: Rogers, Mead, Mt Spokane & CV | Franklin Park |
| Sat 10/22/2016 | 10:00 am | Cross Country JV/Frosh GSL Championships @ Mead HS | Mead HS Cross Country Course |
| Sat 10/29/2016 | 1:00 pm | Cross Country 3A/4A Regionals @ MCC Site TBA | TBA |
| Sat 11/05/2016 | 10:00 am | Cross Country STATE CHAMPIONSHIPS at Sun Willows GC (Pasco) | Sun Willows Golf Course |